

## The Power and Promise of the Cross

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## Drop Down Exercise

- Think about someone or something that you really love
  - Can you tell where your conscious mind is?
- Feel your love for them
  - Can you feel where your heart/soul is?
- Drop down further into your spirit and sense the spirit of your love for them
  - Can you sense your spirit different than your emotions?
- Look even deeper and find God, the Spirit of Love itself.

## Yielding Exercise

- Drop Down
  - Think in your Thinker (mind)
  - Feel in your Feeler (heart)
  - Be in your Be-er (spirit)
  - Connect with the Holy Spirit in you
- Ask the Holy Spirit to fill your spirit
  - Submit each part of your spirit to Him
  - If you find any area of resistance or that is closed off, yield that area to Him. Ask for help if needed.
  - Rest in His Love and Fullness
- Repeat slowly with your heart, mind, and body

## It is Finished

- John 13:3 NIV
 

Jesus knew that the Father **had put all things under his power**, and that he had come from God and was returning to God
- John 19:28-30 NIV
 

Later, knowing that **everything had now been finished**, and so that Scripture would be fulfilled, Jesus said, "I am thirsty." A jar of wine vinegar was there, so they soaked a sponge in it, put the sponge on a stalk of the hyssop plant, and lifted it to Jesus' lips. When he had received the drink, Jesus said, "**It is finished.**" With that, he bowed his head and gave up his spirit.

## Once and For All

- Hebrews 10:10-14 NIV

And by that will, we have been made holy through the sacrifice of the body of Jesus Christ **once for all**. Day after day every priest stands and performs his religious duties; again and again he offers the same sacrifices, which can never take away sins. But when this priest had offered **for all time one sacrifice** for sins, **he sat down at the right hand of God**, and since that time he waits for his enemies to be made his footstool. For by **one sacrifice he has made perfect forever those who are being made holy**.

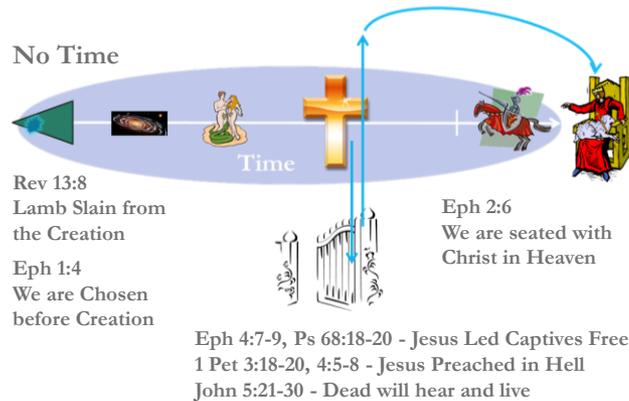
## Sit Back and Watch

- Hebrews 12:2b NIV

For the joy set before him he endured the cross, scorning its shame, and **sat down at the right hand of the throne of God**.

- All our sins are dealt with completely. There is nothing left for Jesus to do or for us to *do*.
- Now we just be. Just believe it and accept it.
- We have been made perfect already in our eternal state of being by Jesus' death and resurrection
- We are being made holy in our thoughts, hearts, and actions in our timeline through the Holy Spirit working.

## Brief History



## Outside Time

- Revelations 13:8 NIV

All inhabitants of the earth will worship the beast--all whose names have not been written in the Lamb's book of life, the Lamb **who was slain from the creation of the world**.

- Outside time in the spiritual realm
  - Always true, state of being.
  - It is who Jesus is, always and forever
  - Everything is now to God. He sees/interacts with everyone in the present.
  - All our sins are known to Him at the moment of the cross and were taken care of on the Cross.

## Inside Time

- Inside time, God works through the cross affecting our lives each day
  - Past, present, and future sins were all taken care of at the Cross
  - We grow in our awareness and alignment as we change our thinking to line up with God's truths.
  - Available now, not just after we die and get to Heaven

## Not Just Forgiveness

Colossians 2:9-12 NIV

For in Christ all the fullness of the Deity lives in bodily form, and in Christ you **have been brought to fullness**. He is the head over every power and authority. In him you were also circumcised with a circumcision not performed by human hands. Your **whole self ruled by the flesh was put off when** you were circumcised by Christ, having been buried with him in baptism, in which **you were also raised with him** through your faith in the working of God, who raised him from the dead.

## Not Just Forgiveness

Colossians 2:13-15 NIV

When you were dead in your sins and in the uncircumcision of your flesh, God **made you alive** with Christ. He **forgave us all our sins**, having **canceled the charge** of our legal indebtedness, which stood against us and condemned us; **he has taken it away**, nailing it to the cross. And **having disarmed the powers and authorities, he made a public spectacle of them, triumphing over them by the cross.**

## Enemy Completely Defeated

- Jesus won completely
  - Took back the keys of hell and death
  - Canceled the charges against us due to our sin
    - The accuser/prosecutor is the enemy
  - Forgave our sin & the power that our sin gives the enemy in our lives
    - No longer a slave to sin
  - Disarmed the enemy and all his hordes
  - Made a public spectacle of the enemy and his hordes
- But, the enemy is a liar and can't admit that he has lost so he keeps trying to con us into believing that there is still a war going on.

## Authority

- Matthew 28:18 NIV

Then Jesus came to them and said, "All authority in heaven and on earth has been given to me.

- If all authority has been given to Jesus, how much is left for the enemy and everyone else?

## Family of God

- Galatians 4:4-7 NIV

But when the set time had fully come, God sent his Son, born of a woman, born under the law, to redeem those under the law, that we might **receive adoption to sonship**. Because **you are his sons**, God sent the Spirit of his Son into our hearts, the Spirit who calls out, "Abba, Father." So **you are no longer a slave**, but God's child; and since **you are his child**, God **has made you also an heir**.

## Holy Spirit in Us

- 2 Corinthians 5:5 NIV

Now the one who has fashioned us for this very purpose is God, who has given us the Spirit as a deposit, guaranteeing what is to come.

- Romans 5:5 NIV

And hope does not put us to shame, because God's love has been poured out into our hearts through the Holy Spirit, who has been given to us.

## Reconciliation

- Colossians 1:19-22 NIV

For God was pleased to have all his fullness dwell in him, and through him **to reconcile to himself all things**, whether things on earth or things in heaven, by making peace through his blood, shed on the cross. Once you were alienated from God and were enemies in your minds because of your evil behavior. But now he **has reconciled** you by Christ's physical body through death to **present you holy** in his sight, **without blemish and free from accusation--**

## Healing & Wholeness

Isaiah 53:4-5 NIV

Surely he **took up our pain** and **bore our suffering**, yet we considered him punished by God, stricken by him, and afflicted. But he was pierced **for our transgressions**, he was crushed **for our iniquities**; the punishment that **brought us peace** was on him, and **by his wounds we are healed**.

## Freedom

John 8:32, 36 NIV

Then you will know the truth, and the truth will set you free." ... So if the Son sets you free, you will be free indeed.

Galatians 5:1 NIV

It is for freedom that Christ has set us free. Stand firm, then, and do not let yourselves be burdened again by a yoke of slavery.

## New Mind, Heart, Spirit

1 Corinthians 2:16 NIV

for, "Who has known the mind of the Lord so as to instruct him?" But we have the mind of Christ.

Ezekiel 11:19 NIV

I will give them an undivided heart and put a new spirit in them; I will remove from them their heart of stone and give them a heart of flesh.

## New Creation

2 Corinthians 5:17 ESV

Therefore, if anyone is in Christ, he is a new creation. The old has passed away; behold, the new has come.

Romans 8:11 NIV

And if the Spirit of him who raised Jesus from the dead is living in you, he who raised Christ from the dead will also give life to your mortal bodies because of his Spirit who lives in you.

## Abundance & Provision

Ephesians 3:20-21 NASB

Now to Him who is able to do **far more abundantly beyond all that we ask or think**, according to the power that works within us, to Him be the glory in the church and in Christ Jesus to all generations forever and ever. Amen.

John 10:10 NASB

"The thief comes only to steal and kill and destroy; I came that they may have life, and have it **abundantly**.

## New Thoughts

- Repentance = think a new thought
  - Metanoia - "repentance, a change of mind, change in the inner man"
  - Turn around and go the other way
- We have the mind of Christ now
- Romans 12:2 NIV

Do not conform to the pattern of this world, but **be transformed by the renewing of your mind**. Then you will be able to test and approve what God's will is--his good, pleasing and perfect will.

## Unreality

- We don't have to believe lies and live in unreality/delusion
  - Just because it doesn't look like we already have all the benefits of the cross, doesn't mean we don't.
  - The enemy is a liar and works hard to keep us believing lies: that we don't have what Jesus paid for.
- The Truth has set us free

## Just believe

- Ephesians 2:8-9 NIV

For it is **by grace** you have been saved, **through faith**--and this is not from yourselves, it is **the gift of God**-- not by works, so that no one can boast.

- We can't work up faith, it is a gift
- Gifts must be received by grace
- Gifts are free not earned

## Origins of Faith

- Jesus who is faith lives in us now. So we have faith
- No one has faith on their own. (Luke 18:8)
- Only Jesus has faith. But, we have Jesus. So we have faith.
- Hebrews 12:2 NLT

We do this by keeping our eyes on Jesus, the champion who **initiates and perfects our faith**. Because of the joy awaiting him, he endured the cross, disregarding its shame. Now he is seated in the place of honor beside God's throne.

## Faith of God

- Receive a gift, can't earn a gift or work up a gift
- Galatians 2:20 KJV

I am crucified with Christ: nevertheless I live; yet not I, but Christ liveth in me: and the life which I now live in the flesh I live by **the faith of the Son of God**, who loved me, and gave himself for me.

- Romans 12:3 NIV

For by the grace given me I say to every one of you: Do not think of yourself more highly than you ought, but rather think of yourself with sober judgment, **in accordance with the faith God has distributed to each of you**.

## Process

- We have complete access to everything Jesus died to give us. But, until we believe it, we won't access it or get the benefits from it. But, once we believe it, we will get access to all the benefits and see them operating in our lives.
- Once we believe/have faith, the truth starts to grow in our actions and behavior and circumstances. Then, things change.
- It's a process of being transformed by the renewing of our minds.

## Free Gift

- What will it take for you to believe God?
- It's a free gift. So, what will it take for you to receive the ability to believe God from God?
- Does it sound too easy? Oh, well. Deal with it. Don't try to make it harder than it is.
- All you have to do is change your mind. Which is admittedly the hardest thing there is in the universe. But, still.

### Thank Jesus for

- His total victory over our sin nature, the enemy, and our circumstances
- Being the Family of God, sons, bride, heirs, help us think & feel like it more
- The Holy Spirit in us, leading, guiding, and teaching us
- Reconciliation with God and others
- Healing & Wholeness in every parts of our heart, mind, body, soul, and spirit
- Freedom from sin, slavery, old mindsets, oppression, etc.

### Thank Jesus for

- Having the mind of Christ, a heart of flesh rather than stone, and a new spirit
- Being a new creation with a new body
- Abundance and Provision for all our needs
- The ability to think new thoughts and not be stuck in old thinking habits
- The ability to live in reality not the enemy's distorted charade of "reality"
- The gift of faith by grace

### Prayer Declaration

Recognizing that Jesus finished all the work, and that there is nothing that I have to do, other than to choose to believe

- We choose to freely receive the gift of faith and the gift of believing God by grace and not by our own works
- We choose to think God inspired thoughts and not enemy inspired thoughts
- We choose to live in reality and truth and no longer live in unreality and lies
- We choose to stand firm on the truth of Christ Jesus and to no longer be blown about by the winds of the enemy's lies
- We choose no longer believe that we still need to obtain victory, rather we choose to believe that the victory is already ours in Christ Jesus. Amen.